



The Gift of Maybe: Finding Hope and Possibility in Uncertain Times

By Allison Carmen

Perigee Trade. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 0.0in. x 0.0in. x 0.0in. Maybe: A simple yet powerful mindset for coping with stress and worry Allison Carmen spent many years fighting a powerful addiction. It wasn't drugs, alcohol or fame. It was an addiction to certainty. If she didn't know what the future would bring and who does she felt anxious and afraid. This decades-long struggle followed her through college, marriage, parenthood, and a successful law career. While everything seemed fine from the outside, Allison was in a constant battle that was unwinnable, sapping her energy, attention, and spirit. Until the day she discovered the power of Maybe. Maybe is a simple yet powerful philosophy that has transformed Allison's life, and the life of her many clients (now that she has ditched her legal career and has become a successful life coach). The message is this: In the face of uncertainty, Maybe opens your mind and heart. It creates a little space for hope. It allows you to take a deep breath, stay in the present, and forge your own path. Many things in life are beyond our control, but the mindset of Maybe presents a simple, powerful way to...



READ ONLINE
[7.81 MB]

Reviews

Without doubt, this is actually the greatest function by any article writer. It is among the most amazing publication i have got read. Its been printed in an exceedingly basic way in fact it is simply after i finished reading through this publication where in fact changed me, change the way i believe.

-- **Arielle Ledner**

Definitely among the best publication We have possibly read through. I really could comprehend everything using this published e ebook. Its been written in an exceedingly straightforward way and it is simply after i finished reading through this ebook through which basically altered me, change the way i believe.

-- **Mr. Malachi Block**