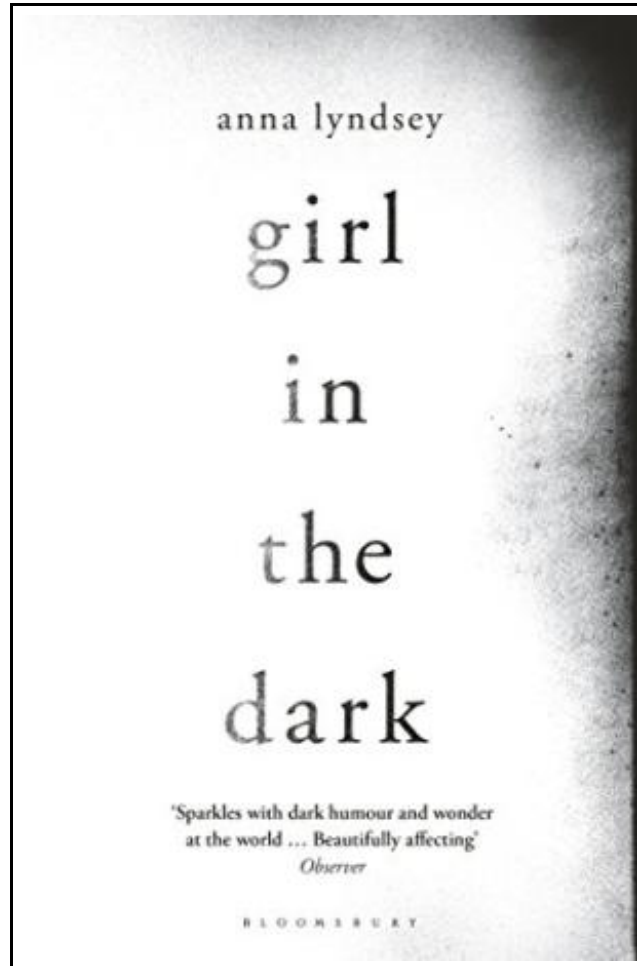


## Girl in the Dark



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## GIRL IN THE DARK



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Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, Girl in the Dark, Anna Lyndsey, 'An astonishing memoir' Sonali Deraniyagala, author of Wave 'Oh, what can I not do, in my dreams. In my dreams I travel on trains and climb mountains, I play concerts and swim rivers, I carry important documents on vital missions, I attend meetings which become song-and-dance routines. My body lies boxed in darkness, but beneath my closed eyelids there is colour, sound and movement, in glorious contrast to the day; mad movies projected nightly in the private theatre of my skull.' Anna Lyndsey was living a normal life. She enjoyed her job; she was ambitious; she was falling in love. Then the unthinkable happened. It began with a burning sensation on her face when she was exposed to computer screens and fluorescent lighting. Then the burning spread and the problematic light sources proliferated. Now her extreme sensitivity to light in all forms means she must spend much of her life in total darkness. During the best times, she can venture cautiously outside at dusk and dawn, avoiding high-strength streetlamps. During the worst, she must spend months in a darkened room, listening to audiobooks, inventing word-games and fighting to keep despair at bay. Told with great beauty, humour and honesty, Girl in the Dark is the astonishing and uplifting account of Anna's descent into the depths of her extraordinary illness. It is the story of how, through her determination to make her impossible life possible and with the love of those around her, she has managed to find light in even the darkest of places.



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